

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| |  | 1 Chicken Taco, W Fixin's Spanish Rice SW Black Beans Pear cup & Milk | 2 Goulash Green Beans Almandine Apple & Milk | 3 Pico Lime Cod Lemon Herb Rice, Carrots, Banana, High fiber cookie Milk |
| 6 Chicken Pot Pie w/Buttermilk Biscuit Lima Beans Pear, V-8 & Milk | 7 Beef Stir Fry Brown Rice Succotash Apple, Cheese Stick & Milk | 8 Mushroom Ravioli w/ Marinara Pea & carrots Banana & Milk | 9 Swiss Steak Mashed Potatoes Peas Orange & Milk | 10 Chicken Parmesan, WW Penne Pasta Capri Veg Blend Peas & Milk |
| 13 SW Chicken Spanish Rice Pinto Beans, Orange Cheese stick & Milk | 14 Beef Stroganoff WW Penne Pasta Roasted Brussel Sprouts Apple & Milk | 15 Italian Sausage WW Panne pasta Bahama Veg Banana Milk | 16 Honey Curry Chicken Wild & Brown rice, Peas & Carrots, Apple Orange juice & Milk | 17 Sweet & Sour Pork, Jasmine Rice, Asian Veges, Applesauce High Fiber Cookie & Milk |
| 20 Chicken Carbonara WW Pasta Capri blend Veg Peaches, V-8 & Milk | 21 Chef's Choice  | 22 Pollock with Pico Wild & Brown Rice, Bahama Vegetables, Pears, High fiber Cookie & Milk | 23 BBQ Chicken Maple Sweet Potato Peas & Carrots Orange & Milk | 24 Tuna Casserole Roasted butternut squash Pear & Milk |
| 27 Chicken Cordon Bleu, Sw Pot's Peas & carrots Orange, V-8 & Milk | 28 Beet Tips Mash Potato Brussel spouts Apple & Milk | Menu substitutions may occur without notice. Clients are advised to keep a 3-day supply of non-perishable foods and bottled water in their home in the event of inclement weather or other emergencies that may cause a temporary suspension of service. | | |