

Classes / Activities			February	
Day	Class	Time		
			Closed on Monday Feb. 20th - Presidents Day	
Monday	Interpretive Dance	10:30-11:30	Friday - Feb 3rd	
	Knitting/Crocheting	1:00 - 2:00	Herman Susser Violin Karaoke	
	Chair Yoga	2:30 - 3:30	11:00 - Donations welcomed	
			Make your lunch reservation 24 hrs in advance	
Tuesday	Zumba Gold	9-10		
	Tap Dance	10:15	Tuesday - Feb 7th	
1st and 3rd	Blood Pressure Check	10:15	Silly Hat Day	
	Porcelain Class	9:30 - Noon		
	Porcelain Class	12:30 - 3:00		
	BINGO	1:00	Friday - Feb. - 10th	
	Cardio Drumming	2:30	Barb Bragdon Valentine Dinner/Dance	
			5:00 pm - 8:00 pm	
Wednesday	Quilters	8:30 - 11:00	\$12.00 person	
	Oil Painting	9:00 - 11:00		
	T'ai Chi Class	9:30 - 11:00	Thursday - Feb. 16th	
			Frances Pucci DJ	
2nd Wednesday	Movie Day	1:00	11:00 AM	
2nd Wednesday	Legal Assistance	1:30		
3rd Wednesday	Low Vision Support -	1:00	Friday - Feb. 17th	
3rd Wednesday	Dementia Support Group	2:00 - 3:30	Ice Cream Social / Colorado Cowboys	
4th Wednesday	Board Meeting	1:00	11:00 AM	
			During Lunch	
Thursday	Woodcarving	8:00 - Noon	Call 24 hours in advance to make lunch reservations.	
	Card Making Class	9:30 - 11:00		
4th Thursday	Birthday Social	11:30 -1:00		
	BINGO	1:00	Friday - Feb. 17th	
			Mardi Gras Dinner/Dance	
			Front Range Big Band	
Friday	Chair Yoga	9:00	\$12.00 per person	
4th Friday	Mystery Trip	9:00	5:00 - 8:00	
	Chi Kung Class	10:00 - 11:00		
	Wii Games	10:30 - Noon	Friday - Feb. 24th	
3rd Friday	Ice Cream Social	1:00 PM	Mystery Trip	
1st & 3rd	Red Hat Ladies	1:00 PM		
Saturdays				
1st Saturday	Game Day	10:00-4:00		
1st Saturday	Thrift Store Super Saturday	10:00 2:00		