

Day	Classes / Activities Class	Time	
Monday	Interpretive Dance	10:30-11:30	
	Knitting/Crocheting	1:00 - 2:00	
	Chair Yoga	2:30 - 3:30	
	Walking Tour	10:00	
	2nd Monday	Book Club (NEW)	1:00
2nd Monday	Ft. Logan Trip	9:00	
Tuesday	Zumba Gold	9-10	
	Tap Dance	10:15	
	1st and 3rd	Blood Pressure Check	10:15
		Porcelain Class	9:30 - Noon
		Porcelain Class	12:30 - 3:00
		BINGO	1:00
	Cardio Drumming	2:30	
Wednesday	Quilters	8:30 - 11:00	
		Oil Painting	9:00 - 11:00
		T'ai Chi Class	9:30 - 11:00
	2nd Wednesday	Movie Day	1:00
	2nd Wednesday	Legal Assistance by appt.	1:30
		Harmonizers Practice	2:00
3rd Wednesday	Dementia Support Group	2:00 - 3:30	
4th Wednesday	Board Meeting	1:00	
Thursday	Woodcarving	8:00 - Noon	
	Card Making Class	9:30 - 11:00	
	4th Thursday	Birthday Social	11:00
		BINGO	1:00
Friday	Chair Yoga	9:00-10:00 AM	
	4th Wednesday	AARP Driving Class	8:30-12:30
	4th Friday	Mystery Trip	9:00
		Chi Kung Class	10:00 - 11:00
		Wii Games	10:30 - Noon
	3rd Friday	Ice Cream Social	1:00 PM
	1st & 3rd	Red Hat Ladies	1:00
	2nd & 4th	Card Making Gold	1:00 PM
Saturdays			
	1st Saturday	Game Day	10:00-4:00
	1st Saturday	Thrift Store Super Saturday	10:00-2:00
2nd Saturday	Cripple Creek Run	9:00	

May Special Events

Saturday, May 6

Game Day
10:00 - 4:00

Saturday, May 6

Super Saturday - Thrift Store
10:00 - 2:00

Wednesday, May 10th

District 3 - Tour

Friday, May 12th

Movie - Dark Water
1:00 - 3:00pm

Friday, May 12th

Music on the Town
Starburn, 60's & 70's
Stargazers 6:00pm

Wednesday, May 17th

Cliff Dwellings, \$20.00
ticket and transportation included

Thursday, May 18th

Barb Bragdon performs at lunch
11:30 / Donations Welcome

Friday, May 20th

Ice Cream Social, G&G Country
12:30 pm / \$1:00 Super Ice Cream Sundaes

Thursday, May 25th

Birthday Social 11:00 AM
Harmonizers perform at lunch

Friday, May 26th

Mystery Trip
9:00