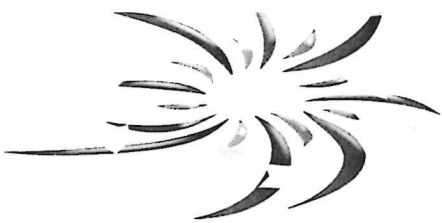







Menu substitutions may occur without notice.

Members are advised to keep a 3-day supply of non-perishable foods and bottled water in their home in the event of inclement weather or other emergencies that may cause a temporary suspension of service.



Monday	Tuesday	Wednesday	Thursday	Friday
1 Cheese Ravioli Succotash Roll w/Butter Diced Tropical Fruit Milk	2 Bratwurst w/ Mustard Roasted Potatoes, Cabbage Carrots, Orange & Milk	3 BBQ Chicken Sandwich Gr. Beans, Corn Applesauce Peanut Butter Cookie & Milk	4 Silver Key closed 	5 Beef Burrito w/Green Sauce Spanish Rice SW Black Beans Diced Mangos Milk
8 Chicken Pot Pie w/Buttermilk Biscuit Lima Beans Pear & Milk	9 Beef Stroganoff WW Penne Pasta Brussel Sprouts Apple & Milk	10 <b>Chef's Choice</b> 	11 Breaded Chicken Mashed Potatoes Succotash Apple Milk	12 Chicken Salad On Lettuce Quinoa Salad Orange Milk
15 Beef Stuffed Bell Pepper Baby Bakers Carrots Orange Milk	16 Sweet & Sour Chicken Brown Rice Asian Veg High Fiber Cookie Pear & Milk	17 Swedish Meatballs WW Pasta Green Beans Banana Milk	18 Pork Pot Roast w/Onions & Celery Roasted Potatoes Carrots Orange & Milk	19 Chicken Marsala Roasted Red Potatoes Brussel Sprouts Apple Milk
22 Broccoli Stuffed Chicken, Sweet Pot w/ Dates & Nuts , Peas and Carrots, Orange & Milk	23 Chicken Cacciatore WW Pasta Green Beans Diced Pears Milk	24 Spaghetti w/ Meat Sauce Italian Blend Veg Roll w/ Butter Banana & Milk	25 <b>Chef's Choice</b> 	26 Hamburger with Lettuce, Tomato, Onion Ketchup, Mustard, Mayonnaise, Carrots, Coleslaw Diced Pears, Milk
29 Sloppy Joe Carrots Coleslaw Pineapple Cup Milk	30 Chicken Teriyaki Brown Rice Succotash Orange Milk	31 Shepherd's Pie Winter Blend Veg, Roll w/ Butter, Diced Peaches & Milk		

**We value your feedback!**

**At the end of the month, return your menu to your café specialist and write in a 1-3 rank on the day's entree.**

**1=Don't love it;  
2=It's Good;  
3=LOVE it!**