






Menu substitutions may occur without notice.

Members are advised to keep a 3-day supply of non-perishable foods and bottled water in their home in the event of inclement weather or other emergencies that may cause a temporary suspension of service.

Monday	Tuesday	Wednesday	Thursday	Friday
				
3 Chicken Cordon Bleu Sweet Potatoes Peas & Carrots Orange & Milk	4 Beef Pot Pie Buttermilk Biscuit Lima Beans Apple Milk	5 Chicken Alfredo Pasta Peas Diced Tropical Fruit & Milk	6 BBQ Beef Sandwich, Green Beans, Corn Coleslaw, Diced Mango & Milk	7 Sweet & Sour Beef, Rice Vegetables Cookie, Pear Milk
10 Southwestern Chicken Spanish Rice Pinto Beans Orange & Milk	11 FVSC PICNIC	12 <u>Chef's Choice</u> 	13 Chicken & Dumplings, Broccoli, Cookie, Strawberry Applesauce, Milk	14 Goulash w/ Cheese, Green Beans Almondine Apple Milk
17 Crab Cake Broc-Ched Rice, Green Beans, Roll w/Butter Orange & Milk	18 Pork Chop w/Country Gravy Mashed Potatoes Succotash Apple & Milk	19 Closed Juneteenth	20 Tuna Salad With Bread Couscous Salad Apple sauce Milk	21 Lasagna Roll w/ Meat Marinara Sauce Broccoli Pear & Milk
24 Teriyaki Meatballs, Brown Rice, Succotash Orange Milk	25 Beef Tips Mashed Potatoes Brussel Sprouts Apple Milk	26 <u>Chef's Choice</u> 	27 Pork Carnitas Scream, Salsa & Tortillas, Pinto Beans, Mexican Corn, Diced Peaches & Milk	28 Breaded Pollock Mac & Cheese Brussels Sprouts w/ Parm Apple Milk

We value your feedback!!

At the end of the month, return your menu to your café specialist and write in a 1-3 rank on the day's entree.

1=Don't love it;

2=It's Good;

3=LOVE it!